





Association of Queensland

CORONAVIRUS PANDEMIC IMPORTANCE OF SOCIAL ISOLATION

ICQ, CIQ and IMAQ remind the community to strictly adhere to social isolation measures in place.

- Who needs to self-isolate?
 - 1. If you have travelled from abroad
 - 2. If you have arrived from interstate
 - 3. If you have been in contact with a COVID positive patient.
- How long do I need to self-isolate for? 14 days.
- What does it mean to self-isolate?

Stay at home or in your hotel. Do not see any visitors. Avoid public places.

What symptoms should I monitor for?

Fever is most common. Other symptoms include cough, sore throat, and shortness of breath.

How does social isolation help?

The aim of social isolation is to slow down the spread of this virus and to avoid suddenly overwhelming health care facilities.



We remind members of the community that we are all in this together. Social disobedience not only puts the individual at risk, but also risks the lives of the most vulnerable in our community. We are grateful for your cooperation.

> COVID-19 BULLETIN 4 **CURRENT AS AT 25 MARCH 2020**