

Sisters Learning Program

Lecture #6: Thikr, Part 2

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In the name of Allah, Most Gracious, Most Merciful.

❖ **Thikr and its virtues continued**

It is mentioned in a Hadeeth that when one makes an effort for religious activities, Allah (SWT) looks upon them favourably

- Thikr is the easiest form of worship as it does not require much energy or effort. If we remember Allah (SWT), He will remember us.
- It was narrated that our Prophet Muhammad (S.A.W) said the treasure of Paradise is

Wa la howla wa laa quwata illabillah

- Prophet Muhammad (S.A.W) said that this treasure is the cure of 99 sicknesses, the least of them being worry.
Subhanallah! This is one of many examples of Allah (SWT)'s mercy on us His creation.
- Thikr purifies oneself and therefore, one cannot be consistent with thikr if there is evil in one's life.
- Through thikr, we develop a *Qalbe Saleem*: i.e. a beautiful heart ⇔ which in turn makes entry into Paradise easier for us.
- Jannah is empty, and needs to be beautified with thikr and good deeds.
- Thikr in abundance will bring you to a stage beyond comprehension
eg: Uthmaan (R.A) prior to his assassination did not eat or drink as thikr was his sustenance.

❖ **Recitation of The Holy Quraan & its virtues**

- Prophet Muhammad (S.A.W) said that the greatest form of thikr is the recitation of The Holy Quraan because you can communicate with Allah (SWT). Allah (SWT) has no start and no ending and The Quraan is an attribute of Allah.
- Reading the Sifaat of Allah (SWT) gives strength to the soul.
- Certain times of the day that we should utilise for the purpose of reciting The Holy Quraan:
 - After Fajr
 - Fresh after having had a nights rest
 - One's mind is clear
 - Adds barakah to your day

- In Islam, the bounties do not descend immediately, Allah requires us to be consistent and persistent and we will then see the positive effects insha-Allah.
- On the Day of Judgement, which is equivalent to 50 000 years, The Quraan will be able to intercede for us. We must endeavour to recite The Quraan as much as possible in this world, so that The Quraan can intercede on our behalf. The Quraan's status is so solid that Allah will forgive us because The Quraan is an attribute of Allah (SWT).
- The 'life' of our body is our heart, and The Quraan should be in our hearts, because without it, our hearts are empty.
- Reciting just one letter of The Quraan = 10 times the reward.
- Ali (R.A) narrates if just one letter of The Quraan is recited in salaah = 100 times reward because it is the greatest form of ibaadah.
- Recitation of The Quraan provides everlasting pleasure.
- Allah (SWT) will give you the taste of Imaan and that taste will be greater than that which is prohibited if you can control your nafs.
- When listening to The Quraan you are rewarded, and the reward increases till the Day of Judgment.
- There is reward in looking at The Quraan with compassion & it also increases ones vision.
- Recitation of The Quraan keeps evil out of the house.
- Prophet Muhammad (S.A.W) said that the last few versus of Surah Bakarah should be taught to your females



if recited before going to sleep, the night will be considered one of worship.





⇒ attracts the mercy and love of Allah and will bring light to your life.

❖ **Athaab of reciting The Holy Quraan**

- Without wudhu The Holy Quraan cannot be touched with a bare hand.
- The Quraan should be kept in a clean place and clean clothing should be worn when reciting The Quraan.
- The Quraan should not be recited in haste, but rather clearly and slowly.
- It is recommended that one faces the Qiblaah and does not spread ones legs when reciting

- If you find you're not focused when reciting The Quraan, the Ulamaa have said it is better to close The Quraan out of respect and return to it when in a better frame of mind.
- The Quraan should not be placed on the ground, but above the height at which you sit.
- If the pages of The Quraan are torn, it should be buried in a place where no one walks.
- Our Prophet Muhammad (S.A.W) said that the modest and fortunate people are those who carry The Quraan and illuminate the night with Tahajjud.
- Another example of Allah (SWT)'s mercy is that if a person keeps themselves so occupied with the recitation of The Holy Quraan that they do not manage to make duaa, Allah will grant the duaas they did not have the time to make! Subhanallah!

❖ Gifts for today

- Umar (R.A) narrated that Prophet Muhammad (S.A.W) said that reciting
 *Al haa kumutakathur...*
 reaps the reward of reciting 1 000 verses of The Quraan
- Anas bin Maalik narrates reciting
 *Surah Ikhlaas*
 equivalent to reciting 1/3rd of The Quraan
- Before going to sleep recite
 *Qul yaa ayuhal kafiroon...*
 as it provides protection from shirk (the only thing that can prevent one from entering Jannah.)
- When reciting
 *Ithajaa anasrullahi wal fatq* (x4, i.e. 4 times)
 equivalent to reciting 1 Quraan.

NB: Hadeeth mentioned are not quoted specifically word for word, but only mentioned briefly.