



Fostering a healthy Brisbane lifestyle through sport, entertainment, education and culture

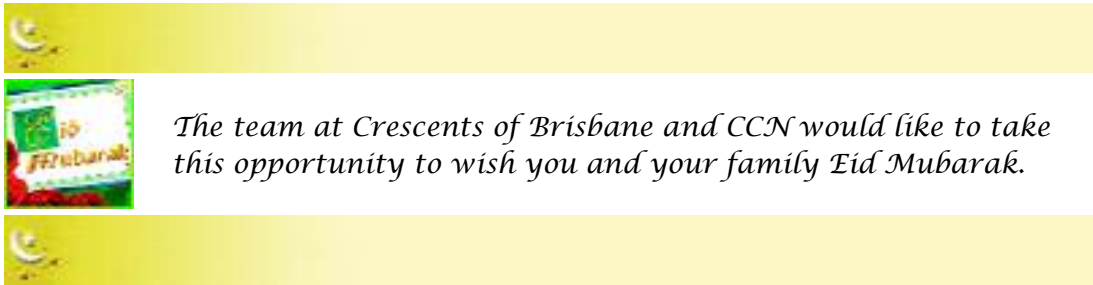


Sunday, 16 January 2005

This issue of CCN is kindly sponsored by  
**Babyhood**  
Manufacturers, Importers & Distributors of Quality Baby Products

*Assalaamu-alaikum*

[If you are having a problem viewing this e-mail or some of its contents then go to [www.crescentsofbrisbane.org](http://www.crescentsofbrisbane.org) and download the pdf version of Newsletter 0012]



*The team at Crescents of Brisbane and CCN would like to take this opportunity to wish you and your family Eid Mubarak.*

### **Kids4Kids**

The organisation of Crescents **Kids4Kids** Circuit-thon is well underway. There are reports coming in that some youngsters have collected in excess of \$100 in just one day from friends, family, neighbours and their parents' workmates.

If you have not yet got yourself and your family into the spirit of the campaign then download an entry/sponsorship form from [www.crescentsofbrisbane.org](http://www.crescentsofbrisbane.org) or pick one up from Nandos Underwood, Global Convenience, or Continental Halaal Meats and help make a difference to someone's life.

This is also going to be an excellent opportunity for you and your children to make a **practical** and **visible** demonstration of our community's concern for the plight of the orphans of the Tsunami disaster.

**Sunday 16 February 9am-12pm (Svoboda Park, Kuraby)**  
**It's going to be a great day for a great cause – spread the word!**

There is going to be a NANDOS chicken burger stand, a lolly stall, a tea and cake shop and a whole lot more.

We make an impassioned plea to all Moms and Dads to encourage and support our children in their effort to make a personal contribution to the relief of children like themselves.

### **Eid-ul-Adha**

The program for the Eidgaah at the Islamic School of Brisbane, Karawatha on Friday 21 January starts of with *Takbeer* at 6.30 am. This will be followed by a short talk and explanation of the *salaah*. The *Salaah* and *Khutba* will start at 7.00 am promptly. You are required to bring along your prayer mat.

Arrangements have also been made for you to slaughter your own sheep. This takes place at the Glen Eagle Abattoir in Beaudesert at 7.00 am on Saturday 22 January. The cost is \$80 for a sheep plus \$10 for slicing. For more information contact Sultan Deen on 0418 722 353.

### Getting the Most 'Bang for Your Buck'

Our *Man-on-the-Mussalaah* has been doing his bit of research on the different aid agencies and has unearthed the following information which you might find useful.

Muslim Aid Australia ([www.muslim-aid.org.au](http://www.muslim-aid.org.au)), at this point in time, seems to be the only Muslim agency offering tax deductible donations and is registered with ACFID (the Australian Council for International Development). Their *qurbani* program is similar to that of Human Appeal International, that is, \$80 per *qurbani* which is sent off either canned or frozen from Australia or sent to the location of need to be processed there if facilities are available. Their orphan sponsorship program supports several orphanages in many countries and 100 percent of the funds goes to them. Their Tsunami appeal is assisting with relief work in Aceh and they have two of their own staff currently coordinating affairs there. All the funds collected go towards the relief. Other donations incur an 8-10 percent administration cost which seems to be on par with the other agencies around. All donations including *qurbani* are tax deductible, however many of their donors (particularly in the case of *zakaat* and *qurbani* monies) opt to re-donate this benefit back to MAA, to help cover their administration costs.

### By Popular Demand

If you did not get to watch that very funny video clip on why Indians and Chinese cannot do business together then here's another chance for you to do so. Click [here](#).

### Queensland Tsunami Appeal Fund Raising Lunch

Tickets are available for the Eid lunch being organised through a joint initiative of the Islamic Women's Association of Queensland (IWAQ), Islamic Council of Queensland (ICQ), Queensland Muslim Times, and the Federation of Australian Muslim Students and Youth (FAMSU). The lunch and auction is on **Sunday 23 January** at the **RNA Showgrounds** starting at **12.30pm**. \* All proceeds will be used in Aceh and Sri Lanka to help victims re-establish their livelihoods by purchasing for them fishing boats, nets, farming equipment, cattle etc. as well as to support the orphans and orphanages (via Muslim Aid Australia). If you need a ticket or any further information you can contact **Ismail Jangda** on 0412 786 171.

\* Please note the time of 12.30 pm – some tickets might incorrectly read otherwise.

### From Doola to Moola



The change of a single letter of her surname spells out the start of a whole new life for **Ra'essa** whose marriage to **Ahmed** took place at the Kuraby Masjid yesterday. On behalf of the Crescents community, CCN wishes the happy couple all the very best for the future, *inshaAllah*. We reckon that for the price of a Kruger coin, Ahmed has got himself a real bargain. Ra'essa is the eldest daughter of **Faizul** and **Yasmin Doola** and Ahmed is the son of **Yacoob** and **Rehana Moola**.

### Fatwas Online

At [www.ask-imam.com](http://www.ask-imam.com) you can ask **Mufti Ebrahim Desai** of the **Darul Ifta, Madrasah In'aamiyyah, Camperdown, South Africa** (or find answers to) such questions as:

- Are men permitted to wear gold plated watches
- If a man only urinates (does not pass stool), is using toilet paper sufficient, or must a full istinjah with water be performed?
- My name is Fakhruddin Butt and I want to change name but is it halal for me to do so?
- I'm thinking about the different careers I can be involved in and one of them is acting. I really like acting and am thinking about acting in movies. Can I?

### Just What the Doctor Ordered

On behalf of the Crescents Community, CCN sends our best wishes to **Nasser and Naseema Essack** who are recuperating at the PA Hospital. Nasser underwent a kidney transplant during the week, and wife, Naseema, was the donor. This was one match that was surely made in heaven – their kidneys scored a 10 out of 10 for compatibility – usually only found between siblings.

We dug up a story here at CCN especially for our Gold Coast cardiologist, one that should cheer up the both of them no end:

*A MECHANIC was removing a cylinder head from the motor of a classic Jaguar when a well-known heart surgeon entered his workshop in his E-type Jag.*

*“Take a look at this engine, doc. I open its heart, take valves out, fix ‘em, put them back in and when I finish, it works just like new.” the mechanic said.*

*“So how come I get such a small salary and you get the really big bucks when you and I are doing basically the same work?”*

*The surgeon paused, leaned over and whispered to the mechanic: “Try doing it with the engine running.”*

### Come Alive in 2005!

Develop a good posture when walking:

- Stand up straight.
- Think of being tall and straight, do not arch your back.
- Do not lean forward or lean back. Leaning puts strain on the back muscles.
- Eyes forward, not looking down but rather 20 feet ahead.
- Chin up (parallel to the ground). This reduces strain on neck and back.
- Shrug once and let your shoulders fall and relax, your shoulders slightly back.
- Suck in your stomach
- Tuck in your behind - rotate your hip forward slightly. This will keep you from arching your back.

**Remember you're never ever too BUSY to become a  
CresFit4Life-er**



See you and the family at Kangaroo Point on Sundays at 7.30 am!

### A Word From This Week's Sponsor



[www.babyhood.com.au](http://www.babyhood.com.au)

3 Durbell Street

Acacia Ridge, Brisbane

Tel: 3711 5922

Email: [sales@babyhood.com.au](mailto:sales@babyhood.com.au)

For the past 16 years Babyhood has been a distributor for Fisher Price, Playgro, Kapoochi, Care, Adult Manchester, Nappies, Educational Toys and many others.

Babyhood also is a manufacturer of both Innerspring & Breathe-Eze Mattresses.

And we manufacture Changemats, Prams, Strollers, Cots, Baths, Bath Aids & Nursery Furniture.

Please visit our website for a comprehensive list of our products.

**Write For Us**

The best ideas and the best feedback come from our community of readers. If you have a topic or opinion that you want to write about or want seen covered or any news item that you think might be of benefit to the Crescents Community please e-mail your [team@crescentsofbrisbane.org](mailto:team@crescentsofbrisbane.org). Share your thoughts, feelings and ambitions for our community through CCN.

If there is someone you know who would like to subscribe to CCN please encourage them to send an e-mail to your [team@crescentsofbrisbane.org](mailto:team@crescentsofbrisbane.org) with the words "Subscribe Me" in the subject line.

**The CCN Archives**

PDF versions of past and present issues of CCN can be found at [www.crescentsofbrisbane.org](http://www.crescentsofbrisbane.org).

**Disclaimer**

Articles and opinions appearing in this newsletter do not necessarily reflect the opinions of the Crescents of Brisbane team, CCN, its editors or its Sponsors. This is particularly true in the case of CCN's editors who are more than a little short of any opinions at the best of times 🤨.