

Eat Smart - Eat Healthy

Fathima Abdoola

MDietStudies, BAppSc (Nutrition), AN, APD



Helping you achieve your nutrition goals!

- *Healthy Eating*
- *Weight Management*
- *Diabetes Management*
- *High Cholesterol*
- *High Blood Pressure*
- *Cardiovascular Disease*
- *Food Allergies & Intolerances*
- *Digestive Concerns*
- *Osteoporosis & Gout*
- *Pregnancy & Infant nutrition*
- *Any other food or nutrition related concerns*

I am an approachable professional who understands your cultural needs. I work with clients and their families to achieve the best possible outcomes, within a comfortable and engaging environment.

No referral required, however if eligible for rebate under the Medicare Chronic Disease Management Plan, you will need to arrange a care plan with your GP prior to attending your first consult. Bulk billing available.

Book an appointment now:

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