

## Stand Up, Speak Out!

Do you find it scary to speak in front of a group? Most people do! Having your say is vitally important - at school, at uni, and in working life.

Learning the skills of public speaking will help you greatly, whether you want to:

- present an idea
- express an opinion
- ask a question
- correct a misperception
- deliver a presentation
- impress an employer, or
- run for Prime Minister ☺

Participants in the Ameer/Ameera Youth Leadership Program have already been introduced to some of these skills, but you don't have to have attended that program to benefit from the Stand Up, Speak Out workshop.

In this workshop, we will build on your existing skills and practise things like:

- overcoming nerves when speaking in public, or to strangers
- using your face, voice and body to appear confident and be persuasive
- using a stage and interact with an audience
- being heard and understood over a distance

We will also help you clarify:

- WHY you might want to Stand Up and Speak Out – situations you face every day as a young Muslim where public speaking skills might be helpful
- WHERE and WHEN you might want to Stand Up and Speak Out – opportunities you can take up, to practise your skills and really make a positive difference

The groups will work with **Dr Andrea Baldwin**, an experienced public speaker, lecturer, performer, radio announcer and Master of Ceremonies.

Whether you are shy or confident, don't miss this great opportunity to learn more about how to Stand Up, Speak Out!

**Girls Workshop:** 9am - 3pm, 16<sup>th</sup> May 09

**Boys Workshop:** 9am - 3pm, 23<sup>rd</sup> May 09

To register, email [info@myservices.net.au](mailto:info@myservices.net.au) with 'Stand Up, Speak Out!' in the subject line. Scroll down to see flyer for more details.



MUSLIM YOUTH SERVICES



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