

Sisters Learning Program

Lecture # 2: Women in Islam
Speaker: Moulana Akbar Uzair

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Hadeeth addressing women

- In the Quraan, it is only the females that Allah has interceded for
- There is much leniency for women and rewards are easily obtained i.e. the reward of reading salaah at home without needing to go to the masjid

- It is said that if a lady:
 - Fasts
 - Performs her salaah
 - Is obedient to her husband
 - Protects her dignityThen she can enter Jannah through any of the 8 doors, i.e. the door of salaah, the door of siyaam, the door of Hajj etc

- When ladies forget the bounties of Allah, then tend to curse, which is not a good thing and should be avoided

- Our Prophet (SAW) was asked that if a lady performed her nafl acts etc, but cursed and wasn't good to her neighbour etc, what would be her fate?
- Our Prophet (SAW) replied that she would be thrown into the fire of Jahanam

- Then our Prophet (SAW) was asked if there was a lady who established compulsory prayers, but didn't do much extra, but her neighbour is happy with her, and she doesn't curse or harm people with her behaviour, then what would her fate be?
- Our Prophet (SAW) responded that she is a lady of Jannah!

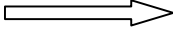
- Remember, that when one curses, that curse is bounced back unto the person cursing.

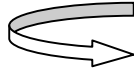
- Asma (RA) raised a question to our Prophet (SAW) about how men appear to have an advantage since they perform salaah in the masjid and benefit from those rewards, they can go out and fight for the cause of Islam, benefit from performing Janazah salaah etc. while women have the responsibility of the domestic chores etc and don't appear to have the opportunity to gain as many rewards

- In response, Our Prophet (SAW) explained, that when a woman fulfils those things that her husband likes and when her husband looks at her and he is happy, then that lady will get the reward of all the duties and all those worships that a man would obtain by having to perform all those hukm (actions)

Qualities looked upon favourably by Allah (SWT) - Surah Tahreem (66:5)

#1 Obedience to Allah

- We must obey Allah (SWT) and bow in front of His injunctions
- We must adhere to what Allah has made permissible for us and abstain from what is prohibited
- Some people deny certain hukm  this is very sinful
- Others do not deny the hukm, but just don't do it....



in this case there is still hope!

#2 Mu'minaat

- This is accepting and practising our basics, those things that are essential (Aqaidh)
- This forms the basis of a Muslim's life

#3 Qanitaat

- To be obedient to ones husband in the matters of deen
- Just as a Universe cannot run with 2 Gods, so a household cannot run with 2 heads. This in actual fact places a bigger burden on the shoulders of the husband who is accountable for his family
- Obedience to your husband is important because your actions will also influence your daughters and in turn how they treat their husbands
- It is therefore very important to be aware of our behaviour and actions especially when there are children around

#4 Taibaat

- Allah will always listen when we ask Him
- We should try and make tasbeeh of astagfirullah at least 3 times day
- In Surah Noor, there is mention that if a person makes much istigfaar, it increases ones sustenance and progeny amongst other benefits

#5 Saaihat

- to fast

Islam and the 5 departments

- Islam has 5 departments
- If we only do 4 of them, the analogy is that of a beautiful person, but with only 1 eye
- It is therefore important to ensure we are taking care of all 5 departments

#1 Aqaidh

- The Islamic fundamentals
- To believe in the Oneness of Allah
- To believe in Life after Death etc

#2 Ibaadah - worship

- Anything good we do in our everyday life is considered ibaadah
- Alhamdulillah how simple and easy to follow Islam!

#3 Muaa malaat - conduct (*sounds like Parmalat*)

- How you buy and sell
- How you conduct your business
- Basically the lawful and unlawful
- Islamic finance, prohibition of interest which is very sinful etc
- A lack of good Muaa malaat again is like a beautiful body but without 2 feet

#4 Muaasharat – our mode of life

- This is a very oppressed department and is given insufficient attention
- This includes how we get married, how we treat our guests, how we receive guests etc
- We should not become apart of the Muaasharat disliked by our Beloved Prophet (SAW) and by Allah (SWT)
- We must remember the Ahkaamat at functions

- True enjoyment is in Paradise
- We will never reach true and full contentment in this world since the peak of enjoyment will only happen in Paradise

#5 Ahlaaq – our manners

- Always meet someone with a smile , humbleness and softness
- In the last verse of Surah Taubah we learn that one of the outstanding qualities of our Prophet Muhammad (SAW) was his softness
- It was said that the people who converted to Islam during our Prophet's (SAW) time came from rough backgrounds, and if it wasn't for our Prophet's (SAW) soft nature, many of the people would have been chased away.

✚ Lessons to take home and try & implement insha-Allah

❖ Salaatul Awaabeen

- Performed after Magribh, but before Isha
- Equivalent of 12 years of worship
- Performed in 2 rakaats, therefore 6 rakaats in 2s
- This can be part of your nafl
- Contemplating the equivalent of 12 years, equates to 12 Ramadhans, 12 opportunities to make charity, 12 Laylatul Qadrs etc
- Remember too that in Ramadhan, each reward is multiplied 70 times, therefore 12 years times 70!

❖ Virtues of Bismillah (Tasmiya)

- Hazrat Ali (RA) said when Tasmiya was revealed, the mountains shook making thikr and people could hear it
- Every single thing makes thikr
- When we say tasmiya, the mountains make thikr, but we cannot hear it
- Our 1 rakaat = 1,000 rakaats of people of other nations because we recite Tasmiya
- When performing whudhu, we must recite Tasmiya
- There are 19 letters in Tasmiya, and for every letter we recite we will be protected from Hell
- Darul Noor: the house of light
 - Every object made of light
 - There is no path that takes you to that house
 - How does one get there?.....recite Tasmiya
- There are 19 angels that guard the Fire of Jahanam
 - To be protected from the Fire, recite Tasmiya
 - Reciting the 19 letters, means that for each letter recited, one is protected from each angel at the doors of Jahanam
- There are 4 words in Tasmiya
 - Bismi
 - Allah
 - Ar Rahmaan
 - Ar Rahim
- There is a house in Jannah with a diamond which can only be opened with Tasmiya
 - There are 4 rivers , one of honey, another of milk, another of water and another of non toxic alcohol
 - The rivers flow from Bismillah

Sources of information: Arabic text - Nuz ha tul Majalis
- Aneesul Waaezeen