

*Sisters Learning Program***Lecture #3:** Importance of Salaah**01 June 2005****Speaker:** Moulana Uzair Akbar

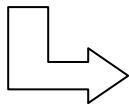
In the name of Allah, Most Gracious, Most Merciful.

**❖ Salaah and its virtues**

It is mentioned in a hadith that when one makes an effort for religious activities, Allah (SWT) looks upon them favourably

- The importance of salaah is stressed in the Quraan and hadith. It is the most important worship spoken about in the Quraan many times.
- Salaah:- Many virtues for establishing salaah
  - Severe punishment for neglecting salaah
  - One of the five pillars of Islam, without all its pillars, a building cannot have stability
  - Maintains ones Deen
  - A time to communicate with our Creator. Allah (SWT) gives an individual time to contemplate his wrong and repent.
- Allah (SWT) is very merciful and doesn't punish without reason.  
If we know we neglect our salaah, we must:
  - feel ashamed in our hearts &     } and Allah will forgive us,
  - make an effort to improve         } insha-Allah.
- No one is entitled to paradise unless they earn it.
- This lifetime is very brief; therefore love for Allah and our Prophet Muhammad (S.A.W) must be established.
- It is mentioned in a hadith, that if a person performs the correct ablution (wudhu) and practices its sunnahs, then prays and gives his heart to salaah, Allah (SWT) will erase his minor sins on the Day of Judgment.
- If an individual understood the true status of salaah he would not stand in front of Allah with great sins.
- For those who establish salaah, Allah (SWT) will honour them on the Day of Judgement and grant them entrance into paradise and their face will be full of noor.
- Our struggle is to please Allah (SWT) in this world, so that insha-Allah, Allah can please us in the next world, i.e. give us entrance into Jannah.
- We would already have been asked the 3 questions in the grave, and on the Day of Judgement, the first question we will be asked is did we establish salaah?
  - remember all the pious people will be standing there!

- If we established salaah, then we will glow in front of everyone.... and this is the success we should be striving for.
- The Day of Judgement is very near → therefore, one must establish salaah now and not be led by false desire and hindrance, which prevents one from salaah.
- For those who do not establish salaah, on the Day of Judgement, they will stand alongside Firoun, Hamaan and Qaroon. These were all big infidels mentioned by name in the Quraan.
- Narrated by Ibn Omar (RA), our Prophet Muhammad (S.A.W) said that Salaah has a very strong connection with Islam; just as the head is connected to the human body. If the head is removed you cannot recognise a person. With no salaah you cannot recognise a person as being a Muslim.
- Performing salaah shows love for Allah (SWT) and Islam
- Hadith: 'The difference between a Muslim and an infidel is salaah.'  
→ if a person prays they can be pointed out as a Muslim but if they do not, they cannot be pointed out as Muslim.
- Quraan, Surah Muzamil: Fear Allah, establish your salaah and do not become a mushrik.



Mushrik: not out of the fold of Islam, but still a very strong sin and close on the boundaries of kufr

### ❖ Acceptance of Taubah

- Never loose hope as there is always still a chance to repent and change. Our deadline to change is **Yugharghar**, which is the time the curtain between us and the angels is lifted and our soul is removed.
- What do we need to do?
  - Repent and make a point to change – have the intention to be consistent with prayer in the future.
  - Make up for salaahs that were not performed in the past.
- Muhammad (S.A.W) said the greatest thief is the one who steals from his/her own salaah
- Common errors to avoid when performing salaah:
  - Rising from Ruku to Qaumah and giving insufficient time
  - Insufficient time between the 2 Sajdahs



Must pause between the two Sajdahs

It is recommended to recite, after *sami allahu liman hamidah*....

***Hamdan katheeran tayyiban mubaarakan feeh***

- Give prayer due respect, and remember Allah is listening to us in our salaah.

- Allah (SWT) is merciful and does not punish without reason:  
→ we must feel ashamed in our hearts and make an effort to improve and Insha-Allah Allah will forgive us.
- Great responsibilities on woman to make salaah and ensure their children make salaah on time.
- True love for children is to protect them from neglecting salaah and displeasing Allah.
- Prayer should not be left to the last minute which may make the salaah makrooh, rather perform salaah in the *awal wakt*, which is the 1<sup>st</sup> time of the wakt; remember it is our opportunity to communicate with Allah (SWT).
- Musa (AS) when asked by Allah (SWT) what he held in his hand, spoke in great detail about the staff in his hand merely to communicate longer with his creator. Salaah is a means of communication with Allah (SWT), an opportunity we should make the most of.
- Salaah is a gift to the Ummah of Muhammad (S.A.W), the status of which is evident in that salaah was not sent down to our Prophet (S.A.W) → rather, he was elevated in order to receive it, Subhanallah!  
~ A gift that we should truly treasure!

### ❖ Questions & Answers

**Q1** What are the dos and don'ts for a woman during her times of impurity (period)?

**A1** The can't dos:

- ✘ perform tawaaf
- ✘ enter a masjid
- ✘ read The Quraan
- ✘ touch The Quraan with a bare hand, i.e. with no cloth

The can dos:

- ☑ hold The Quraan with a separate piece of cloth (i.e. not attached to what we are wearing)
- ☑ can recite verses (of duaa) of The Quraan with niyyet of duaa
- ☑ if teaching etc, recite The Quraan in parts

**Q2 When can Tahajjud salaah be performed?****A2 Tahajjud:**

- was compulsory for Prophet (S.A.W)
- a time when a person can get close to Allah

There are three understandings of the best time to perform Tahajjud:

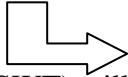
**#1:** Divide the night into *three parts* and pray in the 2<sup>nd</sup> part

**#2:** Divide the night into *two parts* and pray in the 2<sup>nd</sup> part

**#3:** Divide the night into *six parts* → sleep in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>  
 → best time of worship 4<sup>th</sup> & 5<sup>th</sup>  
 → sleep in 6<sup>th</sup>

The third understanding is considered the best.

❖ **Gift for today - Virtues of Ayatul Kursi: Verse of the Throne**

- One of the greatest verses of The Holy Quraan.
  - If recited 40 times after Magribh, the reward is equivalent to 40 Hajj.
  - Similarly, when one looks at their parents with love and compassion, he/she receives the reward of one Hajj and one Umraa.
  - The only thing stopping someone who recites Ayatul Kursi after every salaah, from entering paradise, is death.
  - Reciting before going to sleep will protect your house and your neighbours.
  - If recited after salaah, it protects one till the next salaah.
  - (Tirmizi) At fajr, recite the 1<sup>st</sup> three verses of Chapter 40, Surah Mu'min, and immediately after, recite Ayatul Kursi and you will be protected till Magribh  
 ↓  
 Likewise, if recited after Magribh, you will be protected till Fajr
  - Recite after every compulsory prayer, and there is nothing to stop entrance into Jannah.
  - Recite after every Faradh salaah and you will be protected till the next salaah.
-  One will only continue to recite this ayat and be protected if Allah (SWT) wills it to be; and you will be with the Nobles and noble pious people.
- We will only be protected if Allah wants us to be amongst the nobles and pious people on the Day of Judgement

NB: Hadith mentioned are not quoted specifically word for word.