

## THE Crescents PINK RIBBON PAMPER BRUNCH

A diverse array of dynamic and high-profile speakers will kick off the day whilst you enjoy a sumptuous brunch.

Guest speakers include:

- **Qld Cancer Fund - Ann-Marie Perkin**

A Clinical Nurse employed at the Princess Alexandra Hospital with 38 years of continuous nursing mostly in the field of Cancer Services.

She is an active member of the Qld Cancer Council raising funds to make a difference, to help find a Cure for Cancer and participating in community education.

Last year she was nominated the Brisbane Nurse of the Year with the Qld Cancer Council raising just over \$60000.

- **NBCF ambassador – Denise Bailey**

Denise is 58 years old, a wife and mother and works in management for a service that cares for the elderly, the sick, terminally ill and children. Three years ago she was diagnosed with breast cancer and underwent 12 months of treatment.



Due to the research that has been funded by generous people contributing time and money to the Breast Cancer Research, she is alive today to share the message that here is life after cancer.

She also works with the National Breast Cancer Foundation as a volunteer of the Speaker's Bureau to raise awareness and funds for prevention and cure

- **Founder of “Essentially for Women” – Lyndsey Baigent**

Having overcome a life of addiction following the birth of her first child, Lyndsey now shares her Lessons for Life with women around the world. Her goal is to help women enjoy greater levels of health, wealth and happiness.



Lyndsey’s talk is titled “Turning the adversities of life into cherished gifts”

*The fun then starts with pampering, cooking demos and hijab styling tips.*

allpampering™



### Who are we?

We're a local Southside company run by women. We are passionate about encouraging women to put time aside for themselves every now and then. We specialise in giving unique group pamper sessions, thus combining me-time with bonding, friendship and feeling great.

### Pamper Stations for the day include:

Mini Massage Station - (shoulder & neck Magic) (Facilitated by Maria)

Hand Pamper Station - hand rub with balm then moisturiser (Facilitated by Robbyn)

Pick Me Up Station - face spritzer, foot spritzer & body shine plus "Create for a Cure" silent auction items, NBCF Merchandise and Honey Jewellery for sale, BreastScreen QLD info table & Tea/Coffee (Facilitated by Kym)



### Info Station:

Skin Care talk courtesy of All Pampering (Facilitated by Nathalie)

### How will the pampering work?

- ◆ Every person will spend over 15 minutes at each of our stations to ensure you have enough time to get some true pampering! Please note that we are facilitators: we demonstrate and teach you what to do and you will immediately put it to practice on your pamper buddy, then you will swap over so you may benefit from a pamper. This way you never do the pampering to yourself but get expert instruction and a friend to deliver. It is the best way to bond amongst women; we've experienced it so many times!
- ◆ Please wear comfortable clothing, preferably pants to ensure you can participate fully.

# THE CHEFS toolbox



“The Chefs Toolbox is an Australian company that distributes premium quality cookware, bakeware and cooking accessories. Cooking is fun with the right tools and so The Chefs Toolbox has set out to provide stylish, modern high quality cookware at a reasonable price.



The Chefs Toolbox product range is not available in shopping outlets but is distributed through in-home cooking parties facilitated by experienced consultants.

Generous specials are provided for customers and hosts are given the opportunity to collect their cookware and accessories with half-price shopping.

Working with community and charitable organizations for fund raising is a major focus for The Chefs Toolbox and the company is proud to be associated with the Crescents of Brisbane for their Pink Ribbon Pampering Brunch.”

Jennifer Richardson will be demonstrating a gourmet pizza using the Chefs Toolbox range at the brunch. 10% of all Chefs Toolbox sales will be donated to the NBCF.

## How not to wear your hijab

Local muslim fashion gurus Jaz & Susan will be doing a practical and hands-on demonstration of hijab styling designed for today's woman.

Also don't forget to bring along your cash and coins to spend at our unique

- **"Create for a cure" silent auction stand** - handmade creations of all kinds will be available for the serious spender!
- **NBCF** merchandise such as diamante pink ribbons, pens, fridge magnets, and nail files will be on sale
- **HONEY** jewellery will also be on display with 20% of their sales going towards the NBCF

There will also be many lucky draw prizes and a very special giveaway to each and everyone who attends!!!!